



President's Letter

Welcome to the YMCA! For nearly a half century, the YMCA of Arlington has been strengthening kids and families in our community. We look forward to serving you and involving you in our many programs and services!

Our mission is to put Christian principles into practice through programs and services that build healthy spirit, mind and body for all. In line with our mission, our values (faith, caring, honesty, respect and responsibility), guide everything that we do.

The YMCA offers programs for youth, adults, families and seniors through three branch facilities, 20 program sites and 21 childcare centers, which serve nearly 32,000 members and 25,000 program participants each year.

Your membership affords you certain privileges and benefits, including opportunities to strengthen your “spirit, mind and body.” We hope you will take advantage of the many programs that are offered to meet your needs.

In addition to benefits, your membership also affords you opportunities to give back to the community. We hope that you will become a donor to our Strong Kids Campaign, our annual effort to raise scholarship dollars to ensure all youth and families in our community can participate in the Y without regard to their ability to pay. Through the generosity of members and supporters just like you, we have been able to award more than \$400,000 in scholarships annually!

The Y also offers many opportunities to volunteer as coaches, mentors, teachers, leaders and board members. Look for opportunities to volunteer and share your skills and talents with other Y members to make our community better!

We invite you to take full advantage of your membership. Visit the Y often. Sign up and participate in programs and classes. Improve your health and wellness. Reduce stress. Donate to the Strong Kids Campaign. Volunteer. Build a sense of community with fellow members, and enjoy all that the Y has to offer!

Our goal is to build strong kids, strong families and strong communities. We invite you to join us in this effort. Welcome to *your* YMCA!

Sincerely,

Willie Dean, Ph.D.
President & CEO