



**Sue White**  
VP of Operations  
YMCA of Arlington

Sue White assumed the role of Vice-President of Operations and COO of the YMCA of Arlington in December 2007. She has 22 years of YMCA experience.

Her previous positions were with the YMCA of Tulsa in the role of Vice-President of Leadership, the YMCA of Greater San Antonio as the executive of the D.R. Semmes YMCA and CEO of the Freeman Southwest Family YMCA in Neosho, Missouri. She spent nearly ten years working for the YMCA of Metropolitan Fort Worth in the roles of director of corporate enhancement, promoting and delivering YMCA corporate fitness and wellness programs; director of membership and program development where she supervised city-wide membership, marketing and programs for 13 YMCAs; and executive director.

She began her YMCA career as a part-time dance and exercise instructor in 1985 in St. Joseph, Missouri. Prior to the YMCA, White worked for the YWCA and operated her own dance and exercise studio. She also worked briefly in community recreation as the first Program Director at the Simmons Center in Duncan, Oklahoma when it opened in 1990.

Her education includes a Bachelor of Science degree from Missouri Western State University with an emphasis in Commercial Physical Fitness (Exercise Science). Through YMCA of the USA professional development programs, she completed her Fitness Specialist Certification in 1989, Senior Director Certification in 1991, and the Executive Development Program in 1997 and New CEO Institute in 2001. She has served as volunteer trainer for YMCA of the USA for 17 years. She has written numerous health-related articles for newspapers, regional publications and magazines. In 2009, she celebrates her 30<sup>th</sup> year as a dance and exercise instructor.

“I am thrilled to be in Arlington, Texas, a place that my family called home for ten years and a part of a YMCA association with a compelling vision coupled with a tremendous team of dedicated volunteers and staff committed to the YMCA mission.”

White is married and has two sons.