

## COACHING INFORMATION

RETURNING COACHES ARE ASKED TO CONTACT LAST YEAR'S TEAM MEMBERS TO DETERMINE RETURNING PLAYERS. ALL COACHES MUST TAKE ANY RETURNING PLAYERS FROM LAST YEAR'S TEAM WHO REGISTER DURING THE REGULAR SIGN-UP PERIOD. IF A PLAYER CHOOSES NOT TO PLAY ON THE SAME TEAM, THE COACH MAY FILL THAT VACANCY. IF YOU WOULD LIKE TO COACH A NEW FALL VOLLEYBALL TEAM, PLEASE CONTACT THE YMCA SPORTS DEPARTMENT. THE YMCA WILL ASSIST IN FILLING OUT TEAM ROSTER IF NECESSARY.

## COACHES MEETING

THURSDAY MARCH 1st, 7p AT THE CENTRAL YMCA. THIS IS A ONE HOUR MANDATORY MEETING TO HELP INFORM COACHES AND/OR ASSISTANTS ABOUT THE UPCOMING SEASON. PHILOSOPHY, ADMINISTRATIVE PROCEDURES, GENERAL RULE INFORMATION, ROSTER DISTRIBUTION, PRACTICE SIGN-UPS, TEAM NAMES WILL ALL TAKE PLACE AT THIS MEETING.

## PRACTICES

PRACTICES TIME AND LOCATION WILL BE SCHEDULED BY THE COACHES AT THE COACHES MEETING. EACH TEAM WILL PRACTICE ONE NIGHT A WEEK FOR ONE HOUR. PRACTICE WILL BE HELD AT THE CENTRAL YMCA AND LOCAL JUNIOR HIGH SCHOOLS.

SOME PRACTICES MAY BE CANCELLED DUE TO SCHOOL GAMES OR ACTIVITIES.

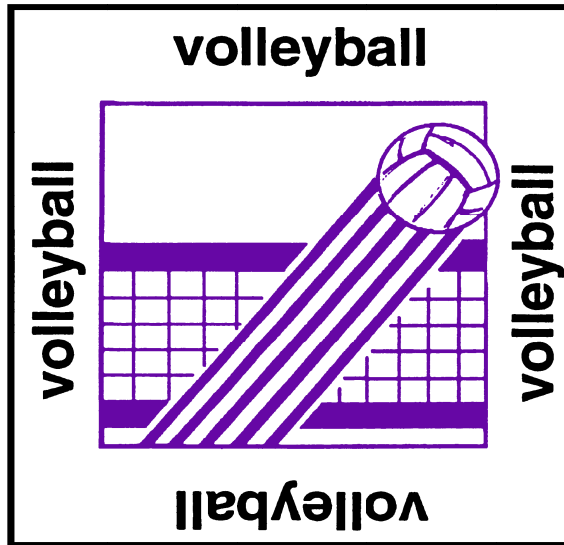
## MISSION STATEMENT

TO PUT CHRISTIAN PRINCIPLES INTO PRACTICE THROUGH PROGRAMS THAT BUILD A HEALTHY SPIRIT, MIND, AND BODY FOR ALL.

## FINANCIAL AID

THE YMCA OF ARLINGTON IS A CHARITABLE ORGANIZATION MAKING A SIGNIFICANT IMPACT ON THE COMMUNITIES WE SERVE BY PROVIDING FREE AND SUBSIDIZED PROGRAMS THAT ARE AVAILABLE TO EVERYONE. DONATIONS ARE ACCEPTED IN ORDER TO SUPPORT THESE EFFORTS. IF YOU ARE INTERESTED IN RECEIVING FINANCIAL AID PLEASE CALL 8.299.9629x18.

# YMCA OF ARLINGTON



# Spring Volleyball 2012

## 3<sup>RD</sup> THRU 12<sup>TH</sup> GRADE DIVISIONS

# 817.801.1400

[www.ymca-arlington.org](http://www.ymca-arlington.org)



2200 South Davis, Arlington TX 76013  
1005 Skyline Dr, Arlington TX 76011  
7120 South Cooper, Arlington TX 76001  
[www.YMCA-Arlington.org](http://www.YMCA-Arlington.org)

### MISSION STATEMENT:

TO PUT CHRISTIAN PRINCIPLES INTO PRACTICE THROUGH PROGRAMS THAT BUILD HEALTHY SPIRIT, MIND, AND BODY FOR ALL.



Community Partner

NON-PROFIT  
ORGANIZATION  
U.S. POSTAGE  
PAID  
ARLINGTON, TX  
PERMIT NO. 48

# YMCA YOUTH VOLLEYBALL

## Divisions

### SEASON SCHEDULE

Sign-ups Begin.....	JANUARY 2
Sign-ups End.....	FEBRUARY 18
LATE REGISTRATION BEGINS \$5 FEE.....	FEBRUARY 19
COACHES MEETING 7p CENTRAL BRANCH YMCA.....	MARCH 1
COACHES TRAINING AFTER COACHES MEETING.....	MARCH 1
SPRING BREAK CAMP.....	MARCH 12-15
PRACTICE BEGINS.....	MARCH 19
SCHEDULE & UNIFORM HANDOUT, COACHES ONLY	
9A-1p.....	MARCH 24
SEASON BEGINS.....	MARCH 31
POST SEASON BRACKETS AVAILABLE.....	APRIL 25
POST SEASON PLAY BEGINS.....	APRIL 28

### PROGRAM INFORMATION

The YMCA Spring Volleyball League will play a eight match season with each match being best 2 out of 3 games. Every team will play two matches on Saturday. At the conclusion of the regular season all teams will participate in a double elimination post-season tournament. In order to allow plenty of playing time for all participants roster size will be limited. Game jersey is included in the registration fee.

### TEAM INFORMATION

TEAMS will be formed according to COACHES INTENT FORM, SCHOOLS, AND GRADE. Schools may be joined together to complete teams. If there is not enough players to form a division, some divisions may have to be combined. Coed divisions may be a result. Players without a coach request will be placed on a team, every effort will be made to keep players in their area of town. Players should be contacted by a coach within one week after their meeting. If you do not receive a call from a coach please call the YMCA Sports Department for more information 8.801.1400.

**3RD GRADE:** This division will focus on teaching the basic skills of volleyball. Play includes the use of mini-volleyball court (4-on-4) which maximizes playing time, skill development, and hands on experience. Roster size will be limited.

**4TH GRADE:** The emphasis is on continuing to teaching the basic skills to beginning volleyball players. Play includes the use of mini-volleyball court (4-on-4). Roster size will be limited.

**5TH GRADE:** A regulation (6-on-6) leagues, but played on a slightly reduced court. It's a combination of fun, and fitness while offering an opportunity for everyone to play regardless of their past playing experience. Plenty of playing time for everybody.

**6TH GRADE:** A regulation (6-on-6) competitive yet inexpensive volleyball league. Limited roster size and continuous rotation will be used. This will provide for more playing time for everybody.

**7TH & 8TH GRADE:** Regulation volleyball program with the emphasis on skill development, participation, team work, and fun! Continuous rotation will be used to allow plenty of playing time for everybody.

**9TH - 12TH:** A competitive but fun volleyball league designed to fit the active schedules of high school players. Open to all players regardless of past experience or ability.

### PROGRAM COST

**3rd - 8th Grade**  
 Full Member.....\$55  
 Program Member...\$75

**9th—12th Grade**  
 Full Member.....\$65  
 Non Member.....\$85

Participation in YMCA of Arlington programs requires either a program membership or a full membership, except for 9th-12-graders. Program memberships are available for those who wish to participate in programs only, \$30/year per person or \$45/year for family. Full YMCA membership offers a variety of benefits, including lower fees for programs. Visit any branch for more information or on line at [YMCA-ARLINGTON.ORG](http://YMCA-ARLINGTON.ORG).

SPRING VOLLEYBALL '12 REGISTRATION MAY BE COMPLETED AT ANY YMCA BRANCH, BY MAIL, OR ON LINE. **PAYMENT MUST ACCOMPANY REGISTRATION.** NO REGISTRATION BY PHONE, RETURN TO: YMCA OF ARLINGTON SPORTS DEPARTMENT 2200 SOUTH DAVIS ARLINGTON TEXAS 76013

\*\*\*PLEASE PRINT\*\*\*

PLAYER'S NAME \_\_\_\_\_ BIRTHDAY \_\_\_\_\_ MALE \_\_\_\_\_ FEMALE \_\_\_\_\_ DATE \_\_\_\_\_

EMAIL \_\_\_\_\_ SCHOOL \_\_\_\_\_ PLAYER'S AGE \_\_\_\_\_ GRADE \_\_\_\_\_

PARENT'S /GUARDIAN'S \_\_\_\_\_ CELL # \_\_\_\_\_ DIVISION \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE \_\_\_\_\_

**WE NEED YOU AS A HEAD COACH!**  
 I WILL COACH: YES \_\_\_\_\_ COACH REQUEST \_\_\_\_\_ PLAYER'S SHIRT SIZE: YL \_\_\_\_\_ A S \_\_\_\_\_ A M \_\_\_\_\_ A L \_\_\_\_\_ AXL \_\_\_\_\_

VOLLEYBALL FEE \_\_\_\_\_ MEMBERSHIP \_\_\_\_\_ NEW \_\_\_\_\_ RENEWAL \_\_\_\_\_ TOTAL COST \_\_\_\_\_ MEMBER ID # \_\_\_\_\_

### YMCA OF ARLINGTON RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT

In consideration for being permitted to utilize the facilities, services, and programs of the YMCA of Arlington for any purpose, including but not limited to observation or use of facilities or equipment, or participation in any program affiliated with the YMCA, without respect to location, the undersigned, for himself or herself and any personal representatives, heirs and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will inspect and consider such premises and facilities or the affiliated program. It is further warranted that such entry into the YMCA for observation or use of any facilities or equipment or participation in such affiliated program constitutes an acknowledgment that such premises and all facilities and equipment therein and such affiliated programs have been inspected and considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use, or participation.

IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER THE YMCA OF ARLINGTON FACILITIES, SERVICES, AND PROGRAMS FOR ANY REASON, INCLUDING BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY PROGRAM AFFILIATED WITH THE YMCA OF ARLINGTON, WITHOUT RESPECT TO LOCATION, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

1. The undersigned hereby releases, waives, discharges and covenants not to sue the YMCA of Arlington, its directors, officers, employees, and agents ("the releasees") from all liability to the undersigned, his or her personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE while the undersigned is in, upon, or about the premises or any facilities or equipment therein, or participating in any program affiliated with the YMCA of Arlington, without respect to location.
2. The undersigned hereby agrees to indemnify and save and hold harmless the releasees and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in, upon, or about the YMCA premises or in any way observing or using any facilities or equipment of the YMCA of Arlington or participating in any program affiliated with the YMCA of Arlington, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.
3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR ANY RISK OF BODILY INJURY, DEATH, OR PROPERTY DAMAGE DUE TO NEGLIGENCE OF RELEASEES OR OTHERWISE while in, about, or upon the premises of the YMCA of Arlington and/or while using the premises or any facilities or equipment therein or participating in any program affiliated with the YMCA of Arlington.
4. The undersigned further assumes full responsibility for any lost or stolen items while in, about, or upon the premises of the YMCA of Arlington and/or while using the premises or any facilities or equipment therein or participating in any program affiliated with the YMCA of Arlington.
5. The undersigned gives permission to the YMCA of Arlington to use photographs, film footage, or tape recordings which may include their own image (or family members) or voice for purposes of promoting YMCA programs.
6. The undersigned understands that YMCA membership dues and program fees are not deductible as charitable tax contributions.

The undersigned further expressly agrees that the forgoing release, waiver, and indemnity agreement cannot be altered in any way, and is intended to be as broad and inclusive as is permitted by the law of the state of Texas and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

The undersigned has read and voluntarily signs the release and waiver of liability and indemnity agreement, and further agrees that no oral representations, statements, or inducement apart from the foregoing written agreement have been made.

I HAVE READ THIS RELEASE

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
 date parent or guardian's signature