



POWER

Fall BASKETBALL

LEAGUE 2010 Boys & Girls Divisions

7th & 8th GRADE

817.801.1400

www.ymca-arlington.org



2200 South Davis, Arlington TX 76013
1005 Skyline Dr, Arlington TX 76011
7120 South Cooper, Arlington TX 76001
<http://www.YMCA-Arlington.org>

To put Christian principles into practice
through programs that build a healthy
spirit, mind, and body for all.

Working hard to be your first
choice in youth sports

Program Costs

Full Member.....\$55.00
Program Member.....\$75.00

Cost includes specially designed, division-specific, 100% nylon and polyester micromesh, reversible jersey and shorts.

Practice Times

The YMCA will NOT be setting practice times or providing any gyms for teams to practice in. However, teams may practice on their own

Membership Info

Participation in YMCA of Arlington programs requires either a program membership or full membership. Program memberships are available for those who wish to participate in programs only, \$30/year per person or \$45/year for family. Full YMCA memberships offer a variety of benefits including lower fees for programs. Visit any branch for more information or online at www.ymca-arlington.org.

Financial Aid

Thanks to the many friends of the YMCA of Arlington, some financial assistance may be available. For more information please call 8.274.9622x18

Parents Join Our Team

A major part of the YMCA's program is the use of volunteer parents as coaches. For this program to be successful your help is needed. Consider this opportunity to spend an enjoyable season as a volunteer coach. We cannot finalize a team without you as their coach.

facebook

GET ALL THE LATEST YMCA NEWS AND EVENT INFORMATION! SEARCH YMCA OF ARLINGTON

GET INFORMATION ABOUT OUR CHILDCARE PROGRAMS, AQUATICS, HEALTH AND WELL BEING AND MORE AT

www.ymca-arlington.org

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
ARLINGTON, TX
PERMIT NO. 48



Community Partner

POWER LEAGUE

SEASON SCHEDULE

Sign-ups Begin.....JUNE 28
 Sign-ups End.....AUGUST 14
 LATE REGISTRATION BEGINS \$5 FEE.....AUGUST 15
 (if space is available)
 COACHES MEETING 7 PM.....AUGUST 19
 Schedule & Uniform Handout,
 COACHES ONLY WEEK OF.....SEPTEMBER 6
 SEASON BEGINS.....SEPTEMBER 11

All COACHES MEETINGS will be held at the CENTRAL BRANCH

PROGRAM INFORMATION

The POWER LEAGUE HAS BEEN CREATED TO HELP 7TH & 8TH GRADE BOYS/GIRLS KEEP THEIR BASKETBALL SKILLS SHARPENED DURING THE FALL OFF SEASON AND TO AID THEM WITH THE TRANSITION INTO MORE ADVANCED AND COMPETITIVE PLAY AT THE JUNIOR HIGH LEVEL. THIS LEAGUE IS DESIGNED FOR THE MORE ADVANCED PLAYER WITH ADEQUATE BASKETBALL EXPERIENCE. ALTHOUGH NO CHILD WILL BE TURNED AWAY, IN ORDER TO STAY IN LINE WITH OUR PROGRAM GOALS, IT IS IMPERATIVE THAT WE STRESS THAT THIS IS A COMPETITIVE LEAGUE. SPACE IS LIMITED SO MAKE SURE TO REGISTER EARLY.

GAME INFORMATION

The POWER LEAGUE will be a combination of traditional YMCA rules and NFHS regulation rules. Each game will consist of four 10 minute quarters with a 4 minute halftime period. During the first half of play, each player will be required to play at least one quarter to ensure ample playing time. During the second half of play, NFHS regulation substitution rules will apply and there will be no required minimum playing time. The POWER LEAGUE will consist of 8 regular season games and a post-season single-elimination tournament. We will attempt to play all regular season games on Saturday, however depending on the number of teams some Friday nights may be necessary.

FALL BASKETBALL '10 REGISTRATION MAY BE COMPLETED AT ANY BRANCH, ONLINE, OR BY MAIL.

NO REGISTRATION BY PHONE, RETURN TO: YMCA OF ARLINGTON SPORTS DEPARTMENT 2200 S DAVIS ARLINGTON TX 76013

PLEASE PRINT

PLAYER'S NAME _____ BIRTHDAY _____ MALE _____ FEMALE _____ DATE _____

EMAIL _____ SCHOOL _____ PLAYER'S AGE _____ GRADE _____

PARENT'S/GUARDIAN'S _____ CELL# _____ DIVISION _____

ADDRESS _____ CITY _____ ZIP _____ PHONE# _____

WE NEED YOU AS A HEAD COACH!

YES I WILL COACH: _____ COACH REQUEST _____ SHIRT SIZE: AS _____ AM _____ AL _____ AXL _____

BASKETBALL FEE _____ MEMBERSHIP _____ NEW _____ RENEWAL _____ TOTAL COST _____ MEMBER ID# _____

YMCA OF ARLINGTON RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT

In consideration for being permitted to utilize the facilities, services, and programs of the YMCA of Arlington for any purpose, including but not limited to observation or use of facilities or equipment, or participation in any program affiliated with the YMCA, without respect to location, the undersigned, for himself or herself and any personal representatives, heirs and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will inspect and consider such premises and facilities or the affiliated program. It is further warranted that such entry into the YMCA for observation or use of any facilities or equipment or participation in such affiliated program constitutes an acknowledgment that such premises and all facilities and equipment therein and such affiliated programs have been inspected and considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use, or participation.

IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER THE YMCA OF ARLINGTON FACILITIES, SERVICES, AND PROGRAMS FOR ANY REASON, INCLUDING BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY PROGRAM AFFILIATED WITH THE YMCA OF ARLINGTON, WITHOUT RESPECT TO LOCATION, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

1. The undersigned hereby releases, waives, discharges and covenants not to sue the YMCA of Arlington, its directors, officers, employees, and agents ("the releasees") from all liability to the undersigned, his or her personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE while the undersigned is in, upon, or about the premises or any facilities or equipment therein, or participating in any program affiliated with the YMCA of Arlington, without respect to location.
2. The undersigned hereby agrees to indemnify and save and hold harmless the releasees and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in, upon, or about the YMCA premises or in any way observing or using any facilities or equipment of the YMCA of Arlington or participating in any program affiliated with the YMCA of Arlington, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.
3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR ANY RISK OF BODILY INJURY, DEATH, OR PROPERTY DAMAGE DUE TO NEGLIGENCE OF RELEASEES OR OTHERWISE while in, about, or upon the premises of the YMCA of Arlington and/or while using the premises or any facilities or equipment therein or participating in any program affiliated with the YMCA of Arlington.
4. The undersigned further assumes full responsibility for any lost or stolen items while in, about, or upon the premises of the YMCA of Arlington and/or while using the premises or any facilities or equipment therein or participating in any program affiliated with the YMCA of Arlington.
5. The undersigned gives permission to the YMCA of Arlington to use photographs, film footage, or tape recordings which may include their own image (or family members) or voice for purposes of promoting YMCA programs.
6. The undersigned understands that YMCA membership dues and program fees are not deductible as charitable tax contributions.

The undersigned further expressly agrees that the forgoing release, waiver, and indemnity agreement cannot be altered in any way, and is intended to be as broad and inclusive as is permitted by the law of the state of Texas and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

The undersigned has read and voluntarily signs the release and waiver of liability and indemnity agreement, and further agrees that no oral representations, statements, or inducement apart from the foregoing written agreement have been made.

I HAVE READ THIS RELEASE

 date _____ parent or guardian's signature _____

COACHES MEETING

THE COACHES' MEETING will be held Thursday, August 19 7pm, at the CENTRAL BRANCH. This is a ONE HOUR MANDATORY MEETING TO INFORM COACHES AND/OR ASSISTANTS ON YMCA philosophy, ADMINISTRATIVE PROCEDURES, AND GENERAL RULE INFORMATION. ROSTER DISTRIBUTION will also take place at this MEETING.

Divisions

7th Grade Boys 7th Grade Girls

8th Grade Boys 8th Grade Girls

IN THE EVENT THAT WE DON'T HAVE ENOUGH TEAMS TO FILL UP ALL DIVISIONS, THE GRADE LEVELS MAY BE COMBINED BY GENDER.

PROGRAM GOALS

OUR YOUTH SPORTS PROGRAM GOALS PROVIDE A UNIQUE ATMOSPHERE AND APPROACH THAT HELPS DEVELOP GOOD SPORTSMANSHIP AMONG PARTICIPANTS. OUR FOCUS IS ON BUILDING FUNDAMENTAL SKILLS AND ASSISTING WITH INDIVIDUAL DEVELOPMENT WHILE STRESSING THE IMPORTANCE OF TEAMWORK.

TEAM INFORMATION

TEAMS will be formed ACCORDING TO COACHES INTENT FORM, schools, and grade. Schools may be joined TOGETHER TO COMPLETE TEAMS. All players that wish to play ARE eligible following registration. Players without a COACH REQUEST will be placed ON A TEAM, EVERY EFFORT will be made TO KEEP PLAYERS IN THEIR AREA OF TOWN. PARTICIPANTS should be CONTACTED by a COACH within A WEEK AFTER THE COACHES MEETING.

www.ymca-arlington.org