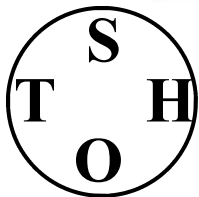


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H U R D L E S



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LONG JUMP

Sports Line 817.801.1400



www.ymca-arlington.org

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PROGRAM INFORMATION: The YMCA of Arlington Extreme Track Team will compete in Region IV of the Texas Amateur Athletic Federation (T.A.A.F.). T.A.A.F. is a nonprofit organization established in 1925 to promote and organize amateur athletics in the state of Texas. Extreme Track Team members will have the opportunity to compete in 4 circuit track meets throughout the metro-plex, a regional meet July 16-17, and upon qualifying at the regional meet (1st-4th place) compete in the state meet, Games of Texas August 5-8 in Waco at the Baylor University track facility .

PRACTICE SCHEDULE: The first official Extreme Track Team practice will be Tuesday May 18, 6:30pm at the Arlington High School track. Practices will be every Tuesday and Thursday 6:30pm till 8:00pm at AHS. Some additional practicing may be done through out the summer track season, those will be on a need to basis scheduled by the coaches. Any registered participant wanting to begin practicing prior to May 18 may contact Mark Bradrick at the YMCA of Arlington Sports Department.

COACHING: The coaching staff for the Extreme Track Team will be; Head Coach Mark Bradrick, YMCA of Arlington Sports Director, assistant coaches Lisa Nies and Gwen Seay. Qualified adults with track and field experience who would like to help will be considered, notify the sports department if you are interested.

DIVISIONS: Age classification for will be based on the year the athlete was born. 02,03,04—8 & Under; 00,01—10 & Under; 98,99—12 & Under; 96,97—14 & Under; 94,95—16 & Under; 92,93 —18 & Under

PARENTS MEETING: May 13, 7pm @ Central YMCA **COST:** \$75 includes jersey and all TAAF fees

TRACK '10 REGISTRATION MAY BE COMPLETED AT ANY BRANCH, ON LINE, OR BY MAIL. **PAYMENT MUST ACCOMPANY REGISTRATION.**
NO REGISTRATION BY PHONE, RETURN TO: YMCA of ARLINGTON SPORTS DEPARTMENT 2200 SOUTH DAVIS ARLINGTON TEXAS 76013

PLEASE PRINT

PARTICIPANTS NAME _____ BIRTHDAY _____ MALE ___ FEMALE ___ DATE _____

EMAIL _____ CELL# _____

PARENT'S /GUARDIAN'S _____ WORK # _____

ADDRESS _____ CITY _____ ZIP _____ PHONE _____

SHIRT SIZE: YM ___ YL ___ A S ___ A M ___ A L ___ AXL ___ PARTICIPANTS AGE _____ DIVISION _____

TRACK FEE _____ MEMBERSHIP _____ NEW ___ RENEWAL ___ TOTAL COST _____ RECEIPT # _____

YMCA OF ARLINGTON RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT

In consideration for being permitted to utilize the facilities, services, and programs of the YMCA of Arlington for any purpose, including but not limited to observation or use of facilities or equipment, or participation in any program affiliated with the YMCA, without respect to location, the undersigned, for himself or herself and any personal representatives, heirs and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will inspect and consider such premises and facilities or the affiliated program. It is further warranted that such entry into the YMCA for observation or use of any facilities or equipment or participation in such affiliated program constitutes an acknowledgment that such premises and all facilities and equipment therein and such affiliated programs have been inspected and considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use, or participation.

IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER THE YMCA OF ARLINGTON FACILITIES, SERVICES, AND PROGRAMS FOR ANY REASON, INCLUDING BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY PROGRAM AFFILIATED WITH THE YMCA OF ARLINGTON, WITHOUT RESPECT TO LOCATION, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

1. The undersigned hereby releases, waives, discharges and covenants not to sue the YMCA of Arlington, its directors, officers, employees, and agents ("the releasees") from all liability to the undersigned, his or her personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, **WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE** while the undersigned is in, upon, or about the premises or any facilities or equipment therein, or participating in any program affiliated with the YMCA of Arlington, without respect to location.
2. The undersigned hereby agrees to indemnify and save and hold harmless the releasees and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in, upon, or about the YMCA premises or in any way observing or using any facilities or equipment of the YMCA of Arlington or participating in any program affiliated with the YMCA of Arlington, **WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.**
3. **THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR ANY RISK OF BODILY INJURY, DEATH, OR PROPERTY DAMAGE DUE TO NEGLIGENCE OF RELEASEES OR OTHERWISE** while in, about, or upon the premises of the YMCA of Arlington and/or while using the premises or any facilities or equipment therein or participating in any program affiliated with the YMCA of Arlington.
4. The undersigned further assumes full responsibility for any lost or stolen items while in, about, or upon the premises of the YMCA of Arlington and/or while using the premises or any facilities or equipment therein or participating in any program affiliated with the YMCA of Arlington.
5. The undersigned gives permission to the YMCA of Arlington to use photographs, film footage, or tape recordings which may include their own image (or family members) or voice for purposes of promoting YMCA programs.
6. The undersigned understands that YMCA membership dues and program fees are not deductible as charitable tax contributions.

The undersigned further expressly agrees that the forgoing release, waiver, and indemnity agreement cannot be altered in any way, and is intended to be as broad and inclusive as is permitted by the law of the state of Texas and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

The undersigned has read and voluntarily signs the release and waiver of liability and indemnity agreement, and further agrees that no oral representations, statements, or inducement apart from the foregoing written agreement have been made.

I HAVE READ THIS RELEASE

_____/_____/_____
date parent or guardian's signature