

DEED LIST

Animals		
L	1	Make a display board of pictures of ten (10) different birds.
L	2	Collect, display, and identify five (5) different flying animals (insects are preferred).
L	3	Select a local bird type and build a bird house for it.
L	4	Make a display board of pictures of 15 different fish or sea animals.
L	5	Keep a bird feeder supplied for 3 months and report to the tribe the kinds of birds that visited it.
L	6	Special Deed.
L	7	Identify and tell some of the habits of three (3) wild animals seen while on tribal outings.
L	8	Be responsible for the care and feeding of an animal at home for at least three (3) months.
L	9	Make a display of bones or teeth of at least three (3) different wild land animals.
L	10	Visit a veterinarian and learn what they do for pets.
L	11	Learn safety around horses and go riding.
Attendance		
B	1	Attend 10 tribe meetings out of 12 during one year.
B	2	Attend a tribe overnight campout (not a Nation campout).
B	3	Attend a Native American dance or cultural event.
B	4	Attend a tribe outing other than a meeting or campout.
B	5	Attend and participate in a Nation/Federation activity that is not covered under any other deed category (e.g. Walk-a-thon, etc.).
B	6	Get a new member to join the Y-Parent/Child Program. Members will be eligible for the Chiefs' Award patch for this deed.
B	7	Special Deed.
Boating		
J	1	Make a knot board with at least three (3) different kinds of knots (e.g. square knot, clove hitch, timber hitch, bowline, overhand, butterfly, slip, etc.).
J	2	Give general safety rules for boating. Which are the correct sides for the green and red lights? The words port and starboard mean what?
J	3	Big Brave and Princess/Little Brave take a canoe out for 15 minutes and Princess/Little Brave tells tribe safety and operation of canoe.
J	4	Build or assemble a model of any boat.
J	5	Princess/Little Brave take Big Brave for a ride in a paddle-boat.
J	6	Name three (3) types of boats or ships and describe each in size, shape, and use, how powered, etc.
J	7	Ski for 300 yards.
J	8	Princess/Little Brave operate a power boat and tell the tribe about it.
J	9	Learn how to row a boat and take Big Brave for a ride.
J	10	Special Deed.
J	11	Name three (3) safety devices that should be on every power boat and the reason or use for each.
Camping		
E	1	Plan what is needed to go camping overnight and go.
E	2	Help set up your camp and explain why you placed your tent or shelter where you did, and why you placed your fire where you did, etc.
E	3	Special Deed.
E	4	Prepare a meal at a campout.
E	5	Make a menu for breakfast, lunch, and dinner for a campout.
E	6	Learn safety and operation of light gas or kerosene lanterns and stoves.
E	7	Make and demonstrate waterproof matches.

Camping continued		
E	8	Demonstrate correct procedure of placing tender, kindling, and fuel while building a wood fire. Report to tribe safety rules on fire building.
E	9	Know at least three (3) ways to start a fire without using a match and demonstrate at least one (1). Learn safety rules and procedures of lighting gasoline lanterns and stoves.
E	10	Demonstrate a simple and safe remedy for a burn, a cut, and a bruise.
E	11	Help assemble a tribal first aid kit.
E	12	Princess/Little Brave set up a tent at a tribal or nation campout without Dad's help.
E	13	Princess/Little Brave and Big Brave go rock climbing.
Craft		
A	1	Make a project with simple tools (e.g., kite, model boat, Indian costume or Native American item).
A	2	Design and make a tool to be used around the house (e.g. wheelbarrow, garbage cart, etc.)
A	3	Enter three (3) of your invitations in the monthly Longhouse competition.
A	4	Learn to sew on a button and sew up a tear in cloth.
A	5	Make a craft to become part of tribal property (e.g. tribe drum, tribe coup stick, tribe property box, etc.).
A	6	Make three (3) tools that the Indians used constructing them with the original type of materials.
A	7	Make a project for temporary use by your nation (e.g. Directional signs for nation campout, etc.).
A	8	Make an item that can become permanent property for your Nation (e.g. Nation sign, tee-pee, drum, headdress, etc.).
A	9	Make a piece of clothing for wearing with Indian costume.
A	10	Make a piece of pottery.
A	11	Hand paint and decorate a rocket to be used at the annual Rocket Shoot event.
A	12	Build item or items for Federation property.
A	13	Paint an Indian theme picture approximately 11x14 inches.
A	14	Special Deed.
Family, Church, and Community		
P	1	While on a family trip or outing, visit a nationally recognized site where American history is found and report to the tribe.
P	2	With mother or father, help organize or actively participate in non-profit fundraising or support activity.
P	3	Attend Church or Sunday School for eight (8) Sundays in a row. The Sunday devotional at a YMCA Father-Child sponsored campout may be included.
P	4	Participate in a church special program or activity.
P	5	Attend a community government meeting (e.g. city council, school board, etc.).
P	6	Attend a PTA meeting with your parents.
P	7	Visit a zoo or sanctuary.
P	8	Visit the Planetarium.
P	9	Visit the Omni Theater and the museum and make a report to your tribe.
P	10	Visit the Fielder Museum and make a report to your tribe on Arlington history.
P	11	Recycle at least two (2) items in your home for one month.
P	12	Name three (3) items that are biodegradable.
P	13	Make a cake from scratch.
P	14	Volunteer at Mission Arlington.
P	15	Adopt a needy family for the holidays through the church or other organization.
P	16	Plan the family menu for one day.
P	17	Set the table with plates, salad dishes, glasses, napkins, and cutlery for at least two people. Clear the table at the end of the meal and assist in cleaning the kitchen.

Family, Church, and Community continued		
P	18	Arrange a night off for Mother. Big Brave and Princess/Little Brave will plan, purchase, cook, and serve dinner. Mother is not allowed in the kitchen. After serving dinner, Big Brave and Princess/Little Brave will do the dishes. Mother furnishes a statement in writing to Tally Keeper.
P	19	Special Deed to be accomplished only with mother.
Fishing		
H	1	Identify seven (7) salt water fish and tell the location, habits, and natural foods of each.
H	2	Special Deed.
H	3	Catch, clean, cook and eat a fish.
H	4	Catch two (2) types of fresh water fish. Name type of bait used and place where caught.
H	5	Demonstrate how to tie hook and sinker on a line, bait hook with minnow or worm, and the correct casting of rod and reel.
H	6	Identify seven (7) fresh water fish and tell the location, habits, and natural foods of each.
H	7	Make a cane fishing pole and use it.
H	8	Make a fishing scope, similar to a glass bottom boat.
H	9	Catch a frog and tell your experience to your tribe.
H	10	Explain the proper method to remove a fish hook stuck in the skin and how to treat the wound.
Fitness		
C	1	Maintain Y-Health Chart for one month.
C	2	Participate in an organized sport for one season.
C	3	Participate in an aerobic activity for one season (e.g. dance, tumbling, baton).
C	4	Go bike riding for at least 30 minutes for 1 day a week with Dad for 1 month.
C	5	Demonstrate an understanding of artificial respiration.
C	6	Give the Pledge of Allegiance and tell five (5) dates the flag should be displayed.
C	7	Jog with Dad three (3) times per week for four (4) weeks.
C	8	Climb a ten (10) foot rope.
C	9	Big Brave and Princess/Little Brave jump rope 100 times.
C	10	Special Deed.
Indian Lore		
N	1	Name the state and area where your tribe lived, and tell the location, if any, of your tribal reservations.
N	2	What were the duties of men, women, and children in the tribe?
N	3	Describe the type of houses your tribe lived in and what kind of materials were used to build them.
N	4	Were your tribe mainly hunters, farmers, fishermen or trappers?
N	5	List five (5) Indian foods and tell how they were prepared.
N	6	Make a report on your tribe or some other tribe from Texas, Oklahoma, or New Mexico.
N	7	Make a map showing where twenty (20) Indian tribes lived.
N	8	Special Deed.
N	9	Make Indian dance bells and use them at a Nation dance.
N	10	Read three (3) books about Indians within one year.
N	11	Act as the Nation drum beater with your dad at a campout or meeting.
N	12	Make a pair of moccasins from a kit.
N	13	Make a decorative necklace for you and your dad. Your Indian names must be on the necklace in symbols or words.
N	14	Make a vest for you and your dad from a kit.
Minerals		
K	1	Collect, name, and display eight (8) different metals in their usable state.
K	2	Collect, name, and display five (5) different metals in their raw state.

Minerals continued		
K	3	Make a part of the Princess/Little Brave costume from a piece of metal.
K	4	Make a display of pictures of ten (10) precious or fifteen (15) semi-precious gems.
K	5	Make a sculpture from clay, sandstone, or rock (e.g. bowl, etc.).
K	6	Special Deed.
K	7	Collect, name, and display six (6) different types of rocks.
K	8	On a piece of plywood approximately one foot square, glue small rocks in the form of an animal.
K	9	Make part of a Princess/Little Brave Costume from rock or piece of metal.
K	10	Build a rock garden with three (3) different plants and maintain for six (6) months.
Plants		
M	1	Clip from magazines, mount on cardboard, and label ten (10) pictures of different vegetables.
M	2	Plant a small garden of vegetables at the proper time and care for them until they can be harvested and eaten. The garden should contain at least three (3) different vegetables.
M	3	While on an outing, identify three (3) edible wild berries or roots and two (2) dangerous or poisonous plants.
M	4	Make a display of pictures of 15 different flowers clipped from magazines. Flower pictures are to be mounted on rigid cardboard with their common name.
M	5	Plant a small bed of flowers at the proper time in the spring and care for them through the blooming season.
M	6	Special Deed.
M	7	Collect, mount, and identify ten (10) different types of tree leaves.
M	8	Identify ten (10) different types of trees in the field. Locate five (5) different fruit bearing trees in your area.
M	9	Plant and care for a tree in your yard for at least six (6) months. Seed or young saplings may be used. Princess must know how to plant, feed, and water the tree.
M	10	Start an avocado tree from a seed.
M	11	Start a new plant from a cutting.
M	12	Grow a potato plant in a container of water (i.e. sweet potato plant).
Swimming		
G	1	Swim under water for 15 feet without coming up for air.
G	2	Swim for a distance of 25 feet.
G	3	Swim for a distance of 50 yards.
G	4	Demonstrate two (2) basic swimming strokes to your Big Brave.
G	5	Special Deed.
G	6	Float on your back for one minute without assistance.
G	7	Learn and demonstrate two (2) types of dives.
G	8	Dive from a height of five (5) feet and swim to shore using side stroke.
G	9	Give the safety rules to follow when diving.
G	10	Learn and give to the tribe five (5) safety rules of swimming.
G	11	Learn three (3) ways to rescue a swimmer from the shore and report to the tribe.
Technology		
Q	1	With your Big Brave, use the Internet to learn about your tribes life, history, homes, etc.
Q	2	Create an email list of your tribal members and use it to communicate tribal info.
Q	3	Give report to your tribe on how you can use computers to help you in school.
Q	4	Create a computer picture of native American life many years ago.
Q	5	With your Big Brave, learn how to turn a computer on and off safely.
Q	6	Special Deed.
Q	7	Create a computer spreadsheet and use it to keep track of tribe information or other information related to either the YMCA Parent/Child program or Native Americans.

Woodmanship		
D	1	Make a list of at least four (4) different game animals common to your area and give a report on their habits (i.e. where they live, what they eat, etc.).
D	2	Make a list of at least six (6) different game animals that the Indians hunted for food and clothing and describe their methods of hunting and preparing them.
D	3	Make a bow and arrow that will shoot, learn and report on safety rules to the tribe.
D	4	Make a chart showing five (5) different animal tracks and write the name of the animal beside the tracks you have drawn or photoed.
D	5	Scout around your area near ponds, creeks, or rivers until you have identified at least five (5) different tracks and report on them to your tribe, telling the type of animal that made each track and showing a hand-drawn picture or plaster cast of them.
D	6	Follow an animal track for at least 100 feet and tell if the track was fresh or not and how you could tell.
D	7	Special Deed.
D	8	Name five (5) animals that are normally trapped for furs and tell something about how the traps are set for each.
D	9	Make an enclosing trap for a small animal and demonstrate to the tribe.
D	10	Make a list of the necessary gear, if any, needed to make hikes of A) 1 mile, B) 5 miles with lunch, and C) 25 miles overnight.
D	11	Make a one (1) mile hike, show that you know how to hike on roads safely.
D	12	Make a five (5) mile hike, show and tell that you know how to hike on roads safely.
D	13	Go to a secluded spot that you must hike at least 20 minutes to get to, or that you must canoe or boat at least 20 minutes to get, and camp there overnight.
D	14	Make a list of edible things in your area that could be eaten in an emergency.
D	15	Special deed.
D	16	Have some other member of your tribe blaze a trail for you, and then you follow it.
D	17	Hike into the woods, blazing a trail as you go, then return by that trail without damaging the forest.
D	18	Know how to tell direction from the sun and the stars and tell how at a tribe meeting. Know how to read a compass and demonstrate this to the tribe.
D	19	Show that you know how to open, close, pass, and sharpen a pocket knife.
D	20	Visit a private, state, or federal conservation project such as a fish hatchery, tree farm, or game refuge and report to the tribe.
D	21	Learn a hiking song about the out-of-doors and sing it on a tribe hike.
D	22	Learn proper safety and care of air rifle, .22 rifle, or shotgun and report to tribe or attend a gun safety presentation.
Thunderbird Indian Lore and Crafts		
IL	1	Make from scratch two (2) pair of Indian moccasins, matching for father and child. Decorate them (toes) with bead and/or quill work (imitation quill work is fine).
IL	2	Make a beading loom and use it to bead a band that will reach around your waist. Incorporate your personal tribe, Nation, or Federation totems in the design.
IL	3	Bead a matching set of rosettes at least two (2) inches in diameter. Incorporate them into your Indian dance or dress costume.
IL	4	Build a model Indian tipi which will stand at least three (3) feet tall, complete with dew cloth and totems. The material shall be cloth, waterproofed just as you would treat a full sized one. Explain the advantages, use, set up, positioning, and dew cloth.
IL	5	Build a two (2) foot long model of a canoe using materials and methods that Indians used in making full sized canoes. No modern fasteners may be used.
IL	6	Assemble an Indian make-up kit. Explain what the various colors represented to the Indians of your tribe and explain how the various colors were obtained by the Indians (what roots or bark gave what color, etc.)
IL	7	Learn how the Indians did flint work. Obtain the necessary materials and make an arrowhead or stone axe. Be prepared to demonstrate your new skill.
IL	8	Raise a stand of corn, follow it through with a chart showing its progress from planting to harvesting. Show how the Indians ground their corn to make corn meal.

Thunderbird Indian Lore and Crafts continued		
IL	9	Demonstrate your knowledge of Indian lore by (a) singing three Indian songs and describe their meaning, (b) showing three Indian games, at least two of which use some artifact you have made, or (c) learn twenty five or more signs in language and use them to tell a story lasting at least two minutes.
IL	10	Design and draw plans for an Indian totem pole with at least four designs on it. Carve a model from this design with each section at least two (2) inches tall. Describe what each character represents and the characters used most by the Indians.
IL	11	Make a thirty (30) feather Indian headdress from materials that you can acquire (not from a kit). Pick colors that won't conflict with Federation or Nation colors.
IL	12	Make an Indian breechcloth which must be decorated by painting, beadwork, etc.
IL	13	Perform a unique Native American dance at a Nation campout. More than one Princess/Little Brave may work together to perform this deed at the same time.
IL	14	Make an Indian dress or buckskin shirt and pants based on the actual design of one of the early Indian tribes. Color and appearance of dress should be as authentic as possible.
IL	15	Make a vest, NOT from a kit out of a natural skin material. Decorate it with beads, fringe, etc.
IL	16	Make a working bow with arrows of wood, leather, stone, sinew, and feathers.
IL	17	Build a canoe or kayak using primarily natural materials (wood, cloth, sinew, etc.) and demonstrate its use to your tribe in a lake or river.
Thunderbird Outdoorsmanship		
OD	1	Axe and Knife Work/Safety: Explain and demonstrate the proper method for sharpening, safety precautions in using, carrying and passing an axe and knife. Explain proper first aid for axe and knife cuts, procedure for replacing, tightening handle. Demonstrate proper axe techniques.
OD	2	Star Study: Identify ten (10) or more constellations. Know how to find directions using Sun's shadow, North star or any star. Explain how to find North using watch. Draw diagrams showing relation of sun, moon, Earth, Earth at new, first quarter, full last quarter, sun/lunar eclipse.
OD	3	Cooking: Cook meals for you and Dad using no metal utensils or foil. Make one (1) or more utensils and explain material choice. Name two (2) poisonous woods. Use chicken, steak, hamburger, fish or other meat. No wieners. Cook two (2) vegetables/starches, dessert, and hot bread.
OD	4	Fishing: Make three (3) different types of artificial fishing lures (plugs, spoons, worms, jigs, flies, etc.) and catch a fish.
OD	5	Canoeing: Launch and properly enter canoe from pier or shore. While alone demonstrate proper control using J-, Draw strokes and Push-Over. Demonstrate portage, righting overturned canoe in deep water. Explain canoeing safety rules including safe way to change places.
OD	6	First Aid: Explain movement of injured person. Demonstrate treatment of heavy bleeding. Explain aid for punctures, dog and snake bites. Demonstrate aid for shock, heat exhaustion, and stroke. Explain fish hook removal. Demonstrate sprained ankle binding when ankle must be used.
OD	7	Weather: Construct Weather Station and keep data for thirty (30) days. Father and child make simple weather vane, rain gauge, and thermometer. Add wet/dry thermometer. Record following for thirty (30) days: temperature AM and PM, wind direction, daily rainfall, and humidity.
OD	8	Organization (Meshenewa): Be present at a new tribe's initial meeting to help guide and establish tribe meeting procedures and answer questions concerning the Indian program. Explain the awards program to the new members.
OD	9	Special Deed may be performed with the prior consent of the Nation Chief.
OD	10	Pick up litter at a city park or other public place. A minimum of eight (8) hours of service is required. Tell the importance of recycling. What kind of savings in raw materials, energy, etc. can be realized by recycling paper, glass, aluminum, etc.

YMCA INDIAN GUIDES / INDIAN PRINCESSES DEED TRACKING CHART

Big Brave:

Little Brave/Princess:

Woodsmanship		Family		Crafts		Indian Lore		Fishing		Camping		Swimming		Boating	
No.	Date	No.	Date	No.	Date	No.	Date	No.	Date	No.	Date	No.	Date	No.	Date
D1		P1		A1		N1		H1		E1		G1		J1	
D2		P2		A2		N2		H2		E2		G2		J2	
D3		P3		A3		N3		H3		E3		G3		J3	
D4		P4		A4		N4		H4		E4		G4		J4	
D5		P5		A5		N5		H5		E5		G5		J5	
D6		P6		A6		N6		H6		E6		G6		J6	
D7		P7		A7		N7		H7		E7		G7		J7	
D8		P8		A8		N8		H8		E8		G8		J8	
D9		P9		A9		N9		H9		E9		G9		J9	
D10		P10		A10		N10		H10		E10		G10		J10	
D11		P11		A11		N11				E11		G11		J11	
D12		P12		A12		N12		Plants		E12					
D13		P13		A13		N13		No.	Date	E13		Animals		Fitness	
D14		P14		A14		N14		M1				No.	Date	No.	Date
D15		P15						M2		Minerals		L1		C1	
D16		P16		Attendance		Technology		M3		No.	Date	L2		C2	
D17		P17		No.	Date	No.	Date	M4		K1		L3		C3	
D18		P18		B1		Q1		M5		K2		L4		C4	
D19		P19		B2		Q2		M6		K3		L5		C5	
D20				B3		Q3		M7		K4		L6		C6	
D21				B4		Q4		M8		K5		L7		C7	
D22				B5		Q5		M9		K6		L8		C8	
				B6		Q6		M10		K7		L9		C9	
				B7		Q7		M11		K8		L10		C10	
								M12		K9		L11			
										K10					

Thunderbird Deeds									
Indian Lore and Crafts					Outdoorsmanship				
No.	Date	No.	Date	No.	Date	No.	Date	No.	Date
IL1		IL7		IL13		OD1		OD7	
IL2		IL8		IL14		OD2		OD8	
IL3		IL9		IL15		OD3		OD9	
IL4		IL10		IL16		OD4		OD10	
IL5		IL11		IL17		OD5			
IL6		IL12				OD6			

Patches Earned	
Patch	Date Earned
Sparrow/Woodsman	
Hawk/Tracker	
Eagle/Hunter	
Thunderbird	
Golden Thunderbird	
Silver Star	
Trailmate	