



SWIM TEAM

The Cooper Street Bettas is a competitive swim team that practices four days a week and participates in monthly swim meets throughout the year. Practices focus on strengthening strokes and endurance, and improving race techniques. At the YMCA we value participation, therefore swimmers are required to compete at a minimum of 1-2 meets per season and we recommend attending practice at a minimum of 2 days per week.

Tryouts are Monday through Thursday at 7:30 p.m. at Tarrant County College S.E. campus. Swimmers must be able to swim freestyle and backstroke confidently 25 yards. The Cooper Street Bettas swim team emphasizes the YMCA of Arlington core values of caring, honesty, faith, respect, and responsibility, and we also place value on team and individual accomplishments.



Cooper St. YMCA
7120 S. Cooper St.
Arlington, Texas 76001

Phone: 817-419-9629
Fax: 817-419-9640

Financial Aid Available
The YMCA of Arlington is a charitable organization making a significant impact on the communities we serve by efficiently and effectively distributing more than \$600,000 worth of free and subsidized programs that are available and open to EVERYONE. Donations are accepted in order to support these efforts.



Swim Team

Days: Monday through Thursday

Time: 7:30-8:20 pm (Level 1a)

7:30-8:30 pm (Level 1b)

7:30-8:45 pm (Levels 2 & 3)

Register: Cooper Street YMCA (Must tryout before registering)

Tryouts: 7:30 pm Monday through Thursday at TCCSE Campus

Practice: Tarrant County College S.E. Campus
2100 Southeast Parkway
Arlington, Texas 76018

Ages: 5 - 21 years old

Cost: Full Member \$40 per month
Program Member* \$60 per month
(2nd child discount - \$10 off per month)

Dallas League Registration Fee \$25 per year

*Participation in YMCA of Arlington programs requires either a program membership or a full privilege YMCA membership. Program memberships are available for those 3-14 years of age who wish to participate in YMCA of Arlington programs only. Individual program memberships are \$25/year or \$40/year for family, plus the registration fee for each program.

- The monthly cost of the program does not include the team swim suits, equipment and meet fees.
- Monthly payments are due by the 5th of every month. \$10 late fee will be applied after the 5th.
- December dues will be \$20/members and \$30/program members. Practice will be held December 1st—17th. Practice will resume Monday, January 4th 2010.

No Practice:

Spring Break - Memorial Day - Labor Day - Thanksgiving

(During certain holiday and school break weeks, practice may be at the YMCA. Announcements will be made at practice and via email to the team members.)